

# UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 43 (10/22/06 - 10/28/06) - Posted 11/01/06

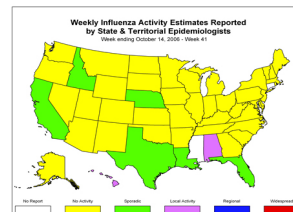
## UTAH - WEEKLY INFLUENZA TEXT SUMMARY

### Influenza Activity in Utah:

Active surveillance for the 2006-2007 influenza season has begun in Utah. As of present, there is no evidence of sustained influenza activity in the state. This website will be updated every Wednesday at 1:00 PM. Please check back for any developments in activity.

As of 11/01/2006, no pediatric influenza-associated deaths has been reported in Utah for the current season.

National influenza surveillance data can be found at [www.cdc.gov/flu](http://www.cdc.gov/flu). Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a spatial description of how influenza is circulating in the state. Currently, Utah is reporting no activity.

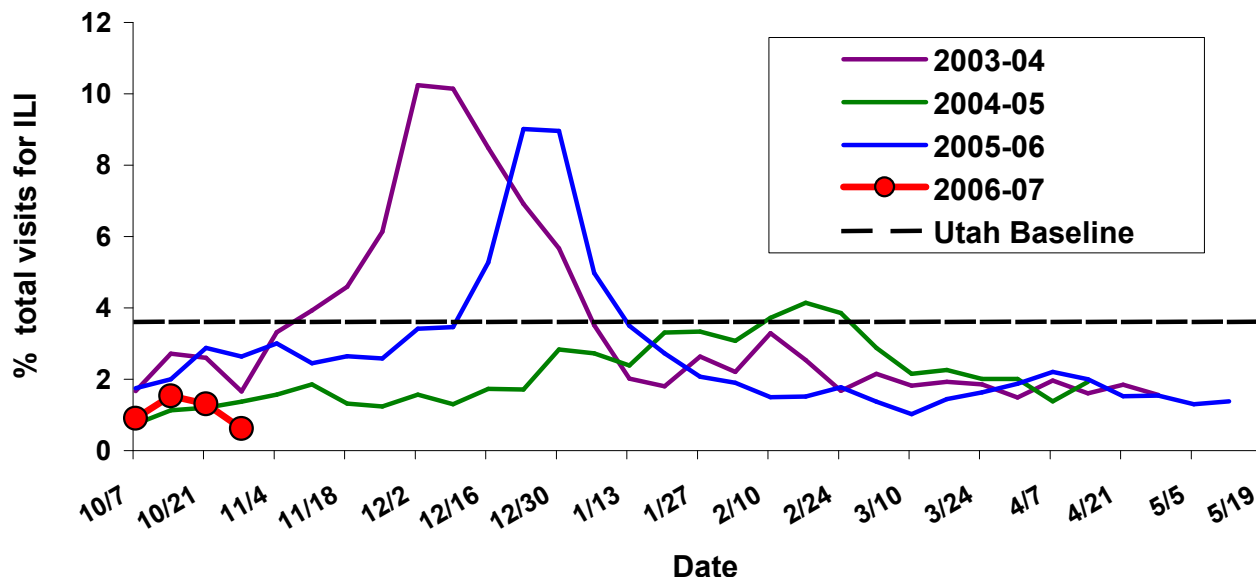


## INFLUENZA PREVENTION

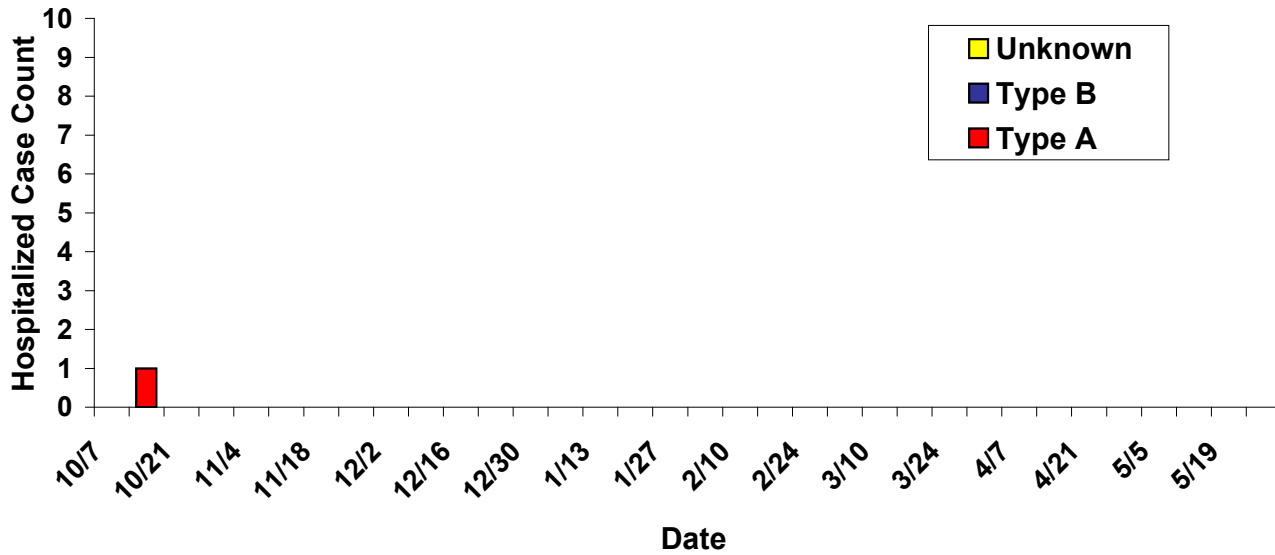
### How to protect yourself and others:

1. Utahns should get an influenza vaccine.  
\*\*Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.  
\*\* Stay away from other people when you are sick.  
\*\* Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.  
\*\* Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

**Percentage of Visits for Influenza-Like Illness (ILI)  
Reported by Sentinel Providers, Utah Summary 2006-2007  
and Previous 3 Seasons**



### Influenza-Associated Hospitalizations by Week and by Virus Type, Utah 2006-2007 Season



### Sentinel School Absenteeism by Week, Utah 2006-2007 Season

